November 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 CLOSED	2 CLOSED	3 ***Group Sessions*** 10 to 12 1 to 3:00 4 to 6	4 ***New Patients &*** ***1on1 by Appt*** 10 to 12 3 to 6	5 ***Group Sessions*** 10 to 12 4 to 6	6 ***Group Sessions*** 10 to 12 1 to 3	7 CLOSED
8 CLOSED	9 CLOSED	10 ***Group Sessions*** 10 to 12 1 to 3:00 4 to 6	11 CLOSED	12 CLOSED	13 CLOSED	14 CLOSED
15 CLOSED	16 CLOSED	17 ***Group Sessions*** 10 to 12 1 to 3:00 4 to 6	18 ***New Patients &*** ***1on1 by Appt*** 10 to 12 3 to 6	19 ***Group Sessions*** 10 to 12 4 to 6	20 ***Group Sessions*** 10 to 12 1 to 3	21 CLOSED
22 CLOSED	23 CLOSED	24 ***Group Sessions*** 10 to 12 1 to 3:00 4 to 6	25 ***Group Sessions*** 10 to 12 1 to 3	26 CLOSED ***THANSGIVING***	27 ***Group Sessions*** 10 to 12 1 to 3	28 CLOSED
29 CLOSED	30 CLOSED					

December 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 ***Group Sessions*** 10 to 12 1 to 3:00 4 to 6	2 ***New Patients &*** ***1on1 by Appt*** 10 to 12 3 to 6	3 ***Group Sessions*** 10 to 12 4 to 6	4 ***Group Sessions*** 10 to 12 1 to 3	5 CLOSED
6 CLOSED	7 CLOSED	8 ***Group Sessions*** 10 to 12 1 to 3:00 4 to 6	9 ***New Patients &*** ***1on1 by Appt*** 10 to 12 3 to 6	10 ***Group Sessions*** 10 to 12 4 to 6	11 ***Group Sessions*** 10 to 12 1 to 3	12 CLOSED
13 CLOSED	14 CLOSED	15 ***Group Sessions*** 10 to 12 1 to 3:00 4 to 6	16 ***New Patients &*** ***1on1 by Appt*** 10 to 12 3 to 6	17 ***Group Sessions*** 10 to 12 4 to 6	18 ***Group Sessions*** 10 to 12 1 to 3	19 CLOSED
20 CLOSED	21 CLOSED	22 ***Group Sessions*** 10 to 12 1 to 3:00 4 to 6	23 ***1on1 by Appt*** 10 to 12 4 to 6	24 ***Group Sessions*** 10 to 12 1 to 3	25 MERRY CHRISTMAS !!!	26 CLOSED
27 CLOSED	28 CLOSED	29 ***Group Sessions*** 10 to 12 1 to 3:00 4 to 6	30 ***1on1 by Appt*** 10 to 12 4 to 6	31 ***Group Sessions*** 10 to 12 1 to 3		